



# The Weekly Bulletin – Sunday, February 3, 2019

First Unitarian Universalist Congregation of Ann Arbor, Michigan

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**Worship February 3 | 9:30am and 11:30am**

## **Developing a Heart of Love and Trust**

Join us as special guest Rev. John Buehrens, former President of the Unitarian Universalist Association (UUA), leads us in reflection on the times we are in and who we are called to be as Unitarian Universalists.

**On the Chancel |** Rev. John Buehrens, Rev. Manish Mishra-Marzetti, Dr. Glen Thomas Rideout

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## **National Alliance on Mental Illness (NAMI)**

### **Today, Social Hour, Sharing the Collection Table**

This week's collection will go to NAMI of Washtenaw County. NAMI aims to improve the lives of persons affected by mental illness. Today's collection will go towards supporting Peer to Peer, Family to Family, and Ending the Silence educational outreach programs to help those living with a mental health diagnosis and to help prevent suicide. Stop by their table during Social Hour or visit them online at [www.namiwc.org](http://www.namiwc.org). Questions? Jan Duncan at [janetdunc@gmail.com](mailto:janetdunc@gmail.com).

## **Alpha House Host Week**

### **Today, Social Hour, Alpha House Table**

The UUA Alpha House host week is Monday-Sunday, February 4-10. Alpha House is a shelter for families experiencing homelessness, located on Jackson Road in Ann Arbor. UUA needs 100 volunteers for our service week and up to \$400 to cover supplies. Sign up or donate money during Social Hour or online at [tinyurl.com/AHFeb19](http://tinyurl.com/AHFeb19). Questions? Contact UUA Alpha House Coordinators at [alphahouse@uuaa.org](mailto:alphahouse@uuaa.org).

## **Grocery/Scrip**

### **Today, Social Hour, Scrip Table**

Thank you to all the new faces and the regulars that have stopped by the Scrip Table. Every purchase helps UUA with "free" money from retailers. Are you intrigued? With over 700 retailers available, surely there is one or two to entice you. You pay face value and the retailer rebates a portion to UUA. For example your \$25 purchase could yield anywhere from \$.50 to \$3.75 for UUA. It adds up. Stop by during Social Hour for more information. Questions? Contact Carolyn Barber at [cmbarber@umich.edu](mailto:cmbarber@umich.edu).

## **Renew or Begin Your Khasi Hills Student Sponsorship**

### **Today, Social Hall, Khasi Hills Table**

A new school year has started in the Khasi Hills. Renew your existing sponsorship, or if you have never sponsored a student, stop by our table during Social Hour to learn more. We are there to accept forms and checks, answer questions, and provide program information. Renewing sponsors will be paired with their current student, unless that student is not enrolled this year. In such cases, renewing sponsors will be matched with a new student. Questions? Email Allen Duncan at [aduncan85@gmail.com](mailto:aduncan85@gmail.com).

## **Resolution Affirming Palestinian Human Rights**

### **Today, Social Hour, Justice in the Middle East Table**

Inspired by the Anti-Apartheid Movement, Palestinian civil society is calling for boycotts, divestment, and

sanctions (BDS) to pressure Israel to comply with international law and universal human rights principles. Please sign a letter to call a congregational meeting so that members of UUA have an opportunity to consider a resolution endorsing the BDS Movement for Palestinian human rights. Questions? Contact Mark Jagner at [mjagner@yahoo.com](mailto:mjagner@yahoo.com).

## **The Relevance of Transcendentalism...**

### **Today, Fahs Chapel, 1:30pm–3:30pm**

Rev. Dr. John A. Buehrens will present the forum "The Relevance of Transcendentalism to Unitarian Universalism Today" in Fahs Chapel. Rev. Buehrens is celebrated as a past president of UUA (1993 - 2001) and as a prolific UU author; he will publish a major history of 19th century Transcendentalism later this year. This forum offers an authoritative journey: Our Unitarian roots made relevant today. A Q&A and discussion will follow the talk. Questions? Contact Phil Tuchinsky at [phil@tuchinsky.org](mailto:phil@tuchinsky.org) or 734-717-6618.

## **Memory Loss Caregiver Support Group**

### **Wednesday, February 6, 3:00pm–4:30pm**

If you are a caregiver for someone with memory loss and would like some support, please join us in the David Room. All are welcome. Questions? Call Meredith Ley at 734-717-0213.

## **Senior Dinner Out**

### **Wednesday, February 6, 6:00pm**

Join a lively group of UUA seniors at Hot Pot Chen (2255 W. Stadium Blvd., Ann Arbor). Come for good food and good conversations. Questions? Contact Marie Duke at 769-0467 or [omaduke7@gmail.com](mailto:omaduke7@gmail.com).

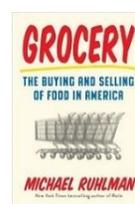
## **Humanist Discussion Groups**

### **Wednesday February 6 or Thursday, February 7**

If you are a humanist or want to know more about humanism, you are welcome to join us on Wednesday, February 6 at 7:00pm or Thursday, February 7 at 2:00pm. Questions? Email Hal Breidenbach at [hal@breidenbach.net](mailto:hal@breidenbach.net) or Bruce Gibb at [blgibb@aol.com](mailto:blgibb@aol.com).

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## **QUUest Bookstore:** For anyone interested in Mindful



Eating, we recommend *Grocery: The Buying and Selling of Food in America* by Michael Ruhlman, NY Times bestselling author of *Ratio*. "If you care about why we eat what we eat – and you want to do something about it – you need to read this absorbing, beautifully written book. It will change the way you shop." Ruth Reichl, author of *My Kitchen Year*.

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**Lay Leader & Aspiring Lay Leader Workshop**  
**Saturday, February 9, 9:30am–11:30am**

The Leadership Development Team, Welcome Ministries, and Social Justice/ Pastoral Care Ministries invite you to a conversation about lay leadership, the sharing of valuable resources and tools, and examples of project successes. Anyone who is listed as a leader or self identifies as a current or future leader is welcome. (This is a repeat of the Fall workshop.) Sign up by Monday, February 4 using this [link](#). Questions? Contact Quiana Perkins at [quiana@uuua.org](mailto:quiana@uuua.org).

**Interweave Potluck and Planning**  
**Saturday, February 9, noon–1:30pm**

Join LGBTQIA people, their families, and allies for a potluck and planning meeting. Bring a dish to share and your ideas for upcoming programming and events. (Room to be determined.) Questions? Email Ronda Hemingway at [hemingwayronda@gmail.com](mailto:hemingwayronda@gmail.com).

**Community of Writers**  
**Sunday, February 10, 1:15pm–2:45pm**

Join us in the David Room for our February meeting where we will read our writings to the group and invite (or not) appreciative comments. Each writer may choose their subject and genre -- fiction, poetry, memoir, essay, etc. Please keep your reading to five or fewer minutes. Listeners also are welcome. We encourage suggestions for our next meeting's leader and topic, for example, writing craft, or individual writing routines. Questions? Contact Mary Lund at [mlund@mi.rr.com](mailto:mlund@mi.rr.com).

**White Fragility Book Discussion**  
**Sunday, February 10, 1:15pm–3:00pm**

Challenging Racism invites you to discuss *White Fragility: Why It's So Hard for White People to Talk about Racism* by Robin DiAngelo. *White Fragility* "...[opens] paths for white participants coming to terms with their own and others' fragile, defensive, and coded responses when a conversation turns to race" (beacon.org). We'll focus on recognizing our own fragility, and how to disrupt our white supremacy-based culture on an everyday basis. Books are available at the UUAA Bookstore. Questions? Contact Gina Boldman at [boldman@comcast.net](mailto:boldman@comcast.net).

**North AAUU Group**  
**Tuesday, February 12, 7:30pm**

All are welcome to join us at the home of Sandy and Jim Breck (2187 Georgetown Blvd., Ann Arbor) to celebrate the birthday of Charles Darwin. The topic will evolve. RSVP to 734-995-2844 or [breck@umich.edu](mailto:breck@umich.edu).

**Introduction to Our Faith**  
**Wednesdays, February 13 & 20, 6:30pm–8:30pm**  
**Note Revised Date Above**

This two-session class is an introduction to Unitarian Universalism for newcomers and a prerequisite for congregants ready to sign the membership book. Join Rev. Manish and Rev. Cassandra to learn about UU history, how to get involved, finding your calling, and the responsibilities of membership. [Register](#) online or by filling out a form found on the Involvement Table during Social Hour. The registration deadline is Sunday, February 10. Questions? Contact Hannah Hotchkiss at [hannah@uuua.org](mailto:hannah@uuua.org).

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**Next Week's Worship**  
**Trust Thyself**

Ralph Waldo Emerson once wrote "Self-trust is the first secret of success." But why is it so important? And what do we do if our trust in ourselves has been broken? Join us as we explore the inner journey of trust.

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**Wednesday Morning Readers**  
**Wednesday, February 27, 10:00am–noon**

Wednesday Morning Readers will be discussing the book *Midwives* by Chris Bohjalian. All are welcome to join. Questions? Contact Liz Hartley at [lizzyt48176@gmail.com](mailto:lizzyt48176@gmail.com).

**Immigration Action Coalition**

Support sanctuary guest, Mohamed Soumah. Mohamed is in sanctuary with the Ann Arbor Friends. He has a medical condition making return to his native Guinea in West Africa almost certain death. There are two ways to help: Make a financial pledge of \$5 a month to help sustain Mohamed in sanctuary. Make the check payable to UUAA with "sanctuary" in the memo line. And/or volunteer as a security door minder (training February 9, 1:00pm at Ann Arbor Friends Meeting House). Questions? Contact Cheryl Valentine at [cherylnatzmervallentine@gmail.com](mailto:cherylnatzmervallentine@gmail.com).

**Pastoral Care**

Do you know how to reach Quiana Perkins or a member of the Pastoral Care Team?

1. Call UUAA a 734-665-6158 and ask for Pastoral Care.
2. Send an email to [pastoralcare@uuua.org](mailto:pastoralcare@uuua.org).
3. Speak directly to Quiana or a member of the Care Team on Sunday during Social Hour after each service. We can be found at the Pastoral Care/ Involvement Table during Social Hour. We look forward to being in beloved community with you.

**Sharing the Collection News**

Thank you for your generosity on January 6. We collectively contributed \$2731.29 toward the good work of Friends in Deed. To learn about ways to contribute, visit [friendsindeedmi.org](http://friendsindeedmi.org). Questions? Contact Jan Duncan at [janetdunc@gmail.com](mailto:janetdunc@gmail.com).

**Sunday Social Hour Team**

Are you looking for ways to volunteer at UUAA in 2019? The Sunday Social Hour Team could use your help setting up Social Hour, resetting for Second Social Hour, or with clean up after Second Social Hour. Typical shifts are half an hour to 45 minutes once a month. Questions? Email Hannah Hotchkiss at [hannah@uuua.org](mailto:hannah@uuua.org).

**Weekly Bulletin Deadline**  
**Wednesdays at 5:00pm**

Submissions of 90 words or fewer should be submitted in Word format and sent to [bulletin@uuua.org](mailto:bulletin@uuua.org). Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at [hannah@uuua.org](mailto:hannah@uuua.org).

**March Newsletter Deadline**  
**Thursday, February 21, 9:00am**

All submissions of 300 words or fewer should be submitted in Word format and sent to [newsletter@uuua.org](mailto:newsletter@uuua.org). Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at [hannah@uuua.org](mailto:hannah@uuua.org).