



## FIRST UNITARIAN UNIVERSALIST

CONGREGATION OF ANN ARBOR

# This Week at UUAA September 29 - October 5, 2022

If you are unable to view this entire email, scroll down to the bottom and click "view entire message." The email ends with a "contact us" button and our address.

The *Weekly News* is distributed each Thursday. Deadlines for submissions are Tuesdays at 5:00pm.

The deadline for the *October 6 Weekly News* is Tuesday, October 4 at 5:00pm Eastern *through this form*.

The deadline for the November *Monthly Newsletter* is Friday, October 21 at 5pm Eastern through this form.

Questions? Watch this video on how to submit to the Weekly News, or email Hannah at communications@uuaa.org.



## **Sunday Morning Worship**

Sunday, October 2, 9:30am & 11:30am, in person and online at uuaa.org/service

We Are UUAA: The Beauty, Meaning, and Impact of Our Shared Journey

This Sunday we reflect on our shared journey as members and friends of our UUAA community—what is the difference that our beloved community has made, and continues to make, in our lives? Join us as we share in reflection on this topic together today.

## After Services | Social Hour

10:30am & 12:30pm, in person in the Social Hall



You are invited to the Social Hall for refreshments and to browse the group display tables.

#### **Newcomer Welcome**

10:30am & 12:30pm, in person in the Jackson Chapel

If you are new to our congregation, visit with our Newcomer Welcomers, get your questions answered, and pick up an information packet.



#### Stewardship and Development Team

UUAA has a newly constituted **Stewardship and Development Team**. Read more here.



## Registration for SGD 2022/2023 Is Now Open!

The Spiritual Growth and Development (SGD) program empowers youth to explore themselves and the world from a Unitarian Universalist perspective. We are excited to welcome back children and youth for 2022/2023!

Registration for classes is now open. For more information and the link to register, <u>click here</u>.

Questions or concerns? Please contact Stella Anderson, director of Spiritual Growth and Development, at stella@uuaa.org



Sharing the Collection Sunday, October 2

We will share our collection with the Women's Center of Southeastern Michigan, an organization that is

dedicated to the economic and emotional self-determination of women, girls, and families. Women in crisis have access to low-cost help from a therapist, job coach, divorce specialist, family law attorney, or financial adviser. When women have the tools to assert their economic and emotional strengths, families and communities also thrive.

Checks may be dropped into the Sunday collection basket or mailed to UUAA (UUAA, Attn.: Administrator, 4001 Ann Arbor–Saline Road, Ann Arbor, MI 48103). Please write "Women's Center" in the memo line. You may also contribute online.



# Support the ministries of UUAA: Make an

**Upcoming Events & Announcements** For a full list of events, visit the UUAA Calendar.



Fun, Free, and Educational Green Events in Ann

- Saturday, October 1, 10:30am noon Solarizing Your Home. Westgate branch, Ann Arbor Public Library will host a talk about solarizing your home, including costs and tax credit information.
- Sunday, October 2, 1:00pm 5:00pm Free Tree Giveaway Leslie
- Friday, October 7 6:00pm -9:00pm Second Annual Autumnal Green Fair – corner of Main and Liberty – exhibits of local green products, businesses, and nonprofits, plus live entertainment.

Saturday, October 1, 11:00am - 1:00pm, Young Room

Come knit, crochet, embroider, or engage in some form of fiber arts together. UUAA Fiber Arts Group meets on the first Saturday and third Wednesday of the month for fellowship and sharing of knowledge

and ideas. If you are a beginner looking for support or an experienced crafter, all are welcome. We also have quilters that have joined us.

If you would like to make comfort shawls or baby blankets for Pastoral Care, arrangements can be made to supply you with the yarn and pattern.

For a Zoom link or questions, send us an email atcrafters@uuaa.org.

"What Is Racism" Small Group Circle





Sunday, October 2, 1:00pm - 3:00pm, via Zoom

Join us for an open, non-judgmental conversation about Racism, which we'll explore together in a small group chalice circle-type format. This is an opportunity to explore Racism together with peers, including your current understanding of Racism, how you see it

manifesting in today's world, and more. We will read, share, and engage in reflection and open discussion on Racism, particularly Racism in present-day America.

This session will be one-and-a-half to two hours in length, taking place virtually through Zoom, co-facilitated by Cindy O'Connor and Arika Lycan, leaders of UUAA's Racial Justice Arc. As this is a small, intimate group, please understand that signing up is a commitment to attend and participate.

Register here. Questions? Email racialjusticearc@uuaa.org.



#### **Landscape Planning Meeting**

Sunday, October 2, 1:30pm - 4:00pm, Fahs Chapel and via Zoom

Join us for a follow-up session to gather your input on landscaping plans for the UUAA site. The plan will incorporate how we would like our site to be used, as well as the landscaping segment of our site carbon-neutrality plan recommended by the Graham Institute Study and previous studies.

You can find notes from the first meeting here. There will also be a Zoom hook-up, but please attend if you are able. Questions? Contact Ed Lynn at ed@uuaa.org or debita graham at debita@uuaa.org.



## Memory Loss Caregivers Support Group Meeting

Wednesday, October 5, 3:00pm - 4:30pm, via Zoom

If you are caring for a partner, spouse, friend, or parent who has memory loss, you are invited to attend a support group for caregivers held on the first

Wednesday of every month. The group is co-sponsored by the UUAA Pastoral Care Team and the Michigan Chapter of the Alzheimer's Association. Meetings are held in strict confidentiality and newcomers are warmly welcomed. If you would like more information or the Zoom link,



contact one of the facilitators, Joan Burleigh at joburleigh@aol.com, Sandy Kunkle at sandykunkle@gmail.com, or Priscilla Spencer at paspencer44@yahoo.com.

## Register Now for the Fall WomUUn's Retreat!

Friday - Sunday, October 7 - 9 Register Now

Our wonderful and hard-working committee is finalizing the program and implementing safety measures to protect our beloved WomUUn's Community! Join nearly 50 UUAA friends as we reflect, laugh, and connect. We will enjoy light-hearted activities and deep social connections. The theme, "Finding JOY!," is a mindful and intentional choice to help center us as we emerge from being too long apart, with too many pressing social and political issues weighing us down.

View the brochure here.

Click here to register online.

Questions? Contact chairs Amy or Judi at WomUUnsRetreat@UUAA.org.



#### **CROP Walk**

Sunday, October 9, 2:00pm - 4:00pm (gathering program starts at 1pm)

The annual Ann Arbor CROP Walk is a mission of the World Church Service in which local congregations and groups come together to raise funds to end hunger locally and around the world. The Food Justice Team has formed a team for this year's walk. Please support this cause by clicking here. Select "Join a Team" and choose First Unitarian Universalist Congregation of Ann Arbor - Food Justice Team, and follow directions to Make a Donation.

Food Justice Team members will be at a CROP Walk table during Social Hour in the coming weeks to answer questions and/or help with your donation. We also encourage others to join in the walk, which begins at Zion Lutheran Church, 1501 W. Liberty in Ann Arbor.

Questions? Email foodjustice@uuaa.org.

Planning for Retirement: Financially, Emotionally, and Spiritually





Tuesday, October 11, 6:30pm - 8:30pm, via Zoom

In this Zoom workshop, we will first explore how to plan a retirement that meets your emotional and spiritual needs. Then Toni

Wander, wealth planner and investment advisor, will guide us through retirement fundamentals, including investment basics, Social Security planning, and socially responsible investing. Whether retirement is 30 years away or 3 months away, this workshop can help you plan a positive way forward. Click here to register.



#### **UU LUUnchers**

Thursday, October 13, 11:30am - 1:00pm

Would you like to enjoy a cheerful lunch with fellow UUs? Gather with us to enjoy company and conversation. Bring your own lunch. Bring your stories.

Beverages will be provided. For questions, please email uulunchers@uuaa.org. If you need a ride, please ask, and we will do our best to help.



WomUUn's Council Needs Your Help for Women's Programming at UUAA to Survive

Friday, October 14, 7:00pm - 9:00pm, Fahs Chapel

Have you enjoyed attending women's programs such as socials, bonfires, singing, classes, breakfasts, women's circles, and retreats? If you'd like these

woman-specific programs to continue at UUAA, it's time for YOU to step up and take a turn as a volunteer on the WomUUn's Council and/or Retreat Committee. Now. We're not kidding. We're not exaggerating.

Help re-imagine and re-energize our WomUUn's Council!

Join us for this WomUUn's celebration and re-imagining session. Refreshments will be provided. Childcare can be provided with advance request. RSVP to WomUUnsCouncilinfo@UUAA.org.

"Newcomer" Chalice Circle | Covenant

Saturday, October 15, 1:00pm - 3:00pm, via Zoom Register by Sunday, October 9



If you are new to UUAA or a longtime member and want to get to know people who are new to us, come (re)explore a basic tenet of Unitarian Universalism. Join us for a Zoom discussion of what it means to be a covenantal religion. How does this differ from a credal religion? What inspiration or challenges are presented with a covenant? You will receive short advanced reflections to contemplate. We will practice

deep listening during the discussion. Register here. Questions? Email Hannah@uuaa.org.

## Say Yes! to Centered Leadership Training (CLT)

Thursday, October 20, 7:00pm - 8:30pm (CLT I) Monday, November 7, 7:00pm - 8:30pm (CLT II)

A number of recent CLT graduates have stepped up their leadership commitment to our UUAA congregation this year!

Edie Croake offers her inspiration:

Leadership

Development

Centered Leadership I was very well organized and so worthwhile. It was an honor to get to know the other folks in the class. I was grateful to learn significant things about the context of UUA—history, structure, values. I felt we had all moved one step closer to building a beloved community.

New CLT I and CLT II classes are starting in October. Please stop by our table in the Social Hall this Sunday for more information, or contact us via email to sign up at <a href="mailto:ldt@uuaa.org">ldt@uuaa.org</a>.



## **Proposed 8th Principle Forum**

Sunday, October 16, 2:00pm - 3:30pm

We are offering a repeat of the Proposed 8th Principle Forum in person in the Fahs Chapel and via Zoom. Register here by the morning of October 16. At this forum we will share the background of the proposed 8th Principle and some concerns. After you register, you will be sent a link to articles (also posted on the UUAA website) to read, preferably beforehand. Questions will be expected and encouraged. You can read about this subject by going to 8thprinciple@uu.org.

Questions? Email 8thPrinciple@uuaa.org.





Sunday, October 16, 1:00pm - 3:00pm

The prompt for the Writers October meeting is "Share any aspect of politics from a personal experience or perspective. Voting? Roe vs. Wade? A memorable election? Current times and/or events? An encounter?

Or?" If such a broad invitation to write appeals to you and you would like to read, contact one of the meeting's facilitators: Sandy Kunkle at sandykunkle@gmail.com or Anne Ramsey at anneramsey2910@comcast.net. Your choice of writing can be in any genre, even song! Lori Reece will guide the readings and the appreciative comments that follow.



#### **Date Night: Attachment Theory**

Wednesday, October 19, 6:30pm - 8:30pm, via Zoom

Attachment theory describes how our relationships with a primary caregiver, most commonly a parent, impacts our adult relationships and causes us to form a primary

attachment style. In this Zoom class, we will explore the different attachment styles, how they impact our relationships, and how we can find greater healing and connection. Led by the Rev. Cassandra Hartley.

Register here.



## Holding Loss: A Ritual for Honoring Pregnancy Loss, Infant Loss, and Infertility

Sunday, October 23, 2:00pm - 3:00pm, Jackson Chapel

In a culture that often makes these losses feel invisible, we will hold sacred space for one another and

acknowledge the very real grief that is felt by those who hoped to be parents, their families, and friends. All are welcome to attend no matter when a loss occurred; it does not have to be recent. This event is open to all regardless of spiritual or religious beliefs. It will be held in person in the Jackson Chapel.



## Khasi Hills Student Sponsorships

The letters from students at Mawkisyiem have arrived and will be available for sponsors to pick up at the Khasi Hills Table in the Social Hall after both services this

Sunday. We still have a number of students (pre-school through Class V)



who need sponsors, so if you might be interested, please stop by and chat with us. You may also contact us via email at khasihills@uuaa.org to learn more about the Sponsor-a-Student program.

#### **UUCivs Postcards and Proposals**

We've mailed 125 voter-support postcards! Thank you for handwriting these encouraging messages! We're working on campaigns in NC and TX, so stop by the UUCivs table after Sunday services if you'd like to help.

Here in Michigan, learn about the three proposals that will be on the November ballot at a Zoom meeting on October 4 at 7:00pm. This event is sponsored by the League of Women Voters of Washtenaw County.

Register here, or watch the recording on the LWV-WC You Tube channel.

Questions? Email uucivs@uuaa.org.

## You Can be a Climate Hero Are You

#### Are You a Climate Hero?

UUAA has joined other Ann Arbor congregations to sponsor monthly "Climate Heroes," who will be

announced in the *Ann Arbor Observer* and spotlighted on <a href="http://climateherostories.com/">http://climateherostories.com/</a>.

It's our turn to pick a hero! Nominate yourself, a UUAA friend, or a family member by sending the name and climate passion to climate@uuaa.org. All ages, all types of climate work are welcome! Heroes are not intended to be PhDs in battery technology-- just ordinary folks with above-and-beyond organic gardens, recycling projects, carbon-reduction ideas....

And remember that other Vision 20/50 climate projects are getting started—you can indicate your interest by adding your name to this list.

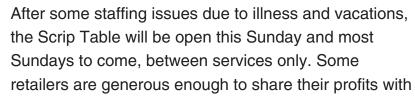


I am delighted to share that on August 24, UUAA had its inaugural retreat with lay and staff participants of UUAA's new Lay Worship Leaders Program. The lay cohort of this program for the year



ahead will be: Hayley Boyse, Mojtaba Akhavan-Tafti, Eli Kranz, Arika Lycan, Joe Libin, Barbara Lynn, Rick Witten, and Holly Ferrise. Read more here.

## Scrip Table Open Between Services Only



community organizations like UUAA. Using their scrip (acquired from UUAA) for your purchases results in "free" money (not directly out of your pocket) for the congregation, money that normally the retailer would just keep as profit. Stop by the Scrip Table to see which of the merchants that you frequent participate in the Scrip Program.



The Memorial Reception Team is the compassionate group of volunteers who assist UUAA members and

their guests as they celebrate the life of a deceased loved one. Receptions are held at UUAA following a memorial service. There are three shifts: setup, food service, and cleanup; each is two hours. If you are able to stand and walk for one to three hours, occasionally move tables and chairs, set up and clear food and drinks on serving tables, and clean dishes, we need you! Email Judi Lintott at UUAAmemorials@gmail.com.



## Help Wanted: Climate Action/Climate Justice Projects

On our path to Green Sanctuary 2030 certification, UUAA created an "Opportunity Assessment," describing projects our congregation might pursue to lower our carbon

footprint and work toward climate justice.

Which projects should we work on first? We can start by working on projects that have volunteers willing to help—maybe you, or a UUAA group you represent?

Please go to this SignUpGenius page and sign up for projects you would enjoy being part of. All are welcome and encouraged to join in fulfilling UUAA's Vision 20/50.





#### Less Is More

Recently, submissions to the *Weekly News* and *Monthly Newsletter* have far exceeded the word limits, leading to very long publications. This works against us, challenging the attention span and patience of our readers. The *Weekly* 

*News* submission form will no longer accept submissions longer than 90 words. The *Monthly Newsletter* word limit is 300 words or fewer.

Questions? Email communications@uuaa.org.



#### New Wi-Fi Assisted-Listening System

UUAA has a new Wi-Fi assisted-listening system that supports the widest range of needs now and in the future.

An app on your smart device connected to our guest Wi-Fi sends real-time audio directly to your existing Bluetooth hearing aids! It also supports t-coil hearing aids, headphones, or earbuds. We even have ready-to-use devices that you can borrow during a service.

Try it out! <u>Instructions are on the booth window</u>. See an usher or AV Team member for more help.

## Links

Request a Room, Request an Outdoor Space | View Past Services

Log in to Realm | Make Your Pledge







<u>UUA.org</u> | <u>MidAmericaUUA.org</u> Side with Love | UUCSJ | DRUUMM | BLUU

**Contact Us** 

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